

STUART-NECHAKO REGIONAL HOSPITAL DISTRICT
AGENDA
THURSDAY, NOVEMBER 15, 2018

CALL TO ORDER

AGENDA – November 15, 2018

Approve

PAGE NO.

MINUTES

ACTION

2-5 Stuart-Nechako Regional Hospital District
Meeting Minutes – September 6, 2018

Adopt

REPORTS

6-9 John Illes, Treasurer – Initial Draft 2019 Budget
for Discussion

Recommendation
(Page 7)

10 John Illes, Treasurer – Burns Lake Hospital Capital
Replacement Reserve

Recommendation
(Page 10)

11-13 John Illes, Treasurer – September 30, 2018 Financial
Update

Receive

CORRESPONDENCE

14 Northern Health – UBCM Meeting September 13, 2018

Receive

15 Northern Health Media Bulletin – Stuart Lake
Hospital – Advance Patient Transfers

Receive

16-17 Northern Health – Heart Health! Northern Health
Set to Begin Community Consultation Across the
Region

Receive

18-19 Northern Health – Wildfires, Heart Health and Hospital
Projects: NH Board Meeting Highlights

Receive

20 Northern Health – Not All Meds Get Along – Canadian
Patient Safety Week 2018

Receive

VERBAL REPORTS

RECEIPT OF VERBAL REPORTS

SUPPLEMENTARY AGENDA

NEW BUSINESS

ADJOURNMENT

STUART-NECHAKO REGIONAL HOSPITAL DISTRICT**MEETING MINUTES****THURSDAY, SEPTEMBER 6, 2018**

PRESENT: Chairperson Jerry Petersen

Directors Chris Beach
Eileen Benedict
Tom Greenaway
Dwayne Lindstrom
Thomas Liversidge
Bill Miller
Mark Parker
Gerry Thiessen – arrived at 10:13 a.m.

Director Absent Rob MacDougall, District of Fort St. James

Staff Melany de Weerd, Chief Administrative Officer
Cheryl Anderson, Manager of Administrative Services – arrived at 10:12 a.m.
John Illes, Chief Financial Officer
Wendy Wainwright, Executive Assistant

Others Doug Phair, Burns Lake
Darcy Repen, Village of Telkwa

CALL TO ORDER

Chair Petersen called the meeting to order at 10:04 a.m.

AGENDA & SUPPLEMENTARY AGENDAMoved by Director Miller
Seconded by Director Benedict**SNRHD.2018-8-1**

"That the Stuart-Nechako Regional Hospital District Agenda of September 6, 2018 be approved; and further, that the Supplementary Agenda be dealt with at this meeting."

(All/Directors/Majority)

CARRIED UNANIMOUSLY**MINUTES****Stuart-Nechako Regional Hospital District Meeting Minutes – August 16, 2018**Moved by Director Parker
Seconded by Director Greenaway**SNRHD.2018-8-2**

"That the minutes of the Stuart-Nechako Regional Hospital District meeting of August 16, 2018 be adopted."

(All/Directors/Majority)

CARRIED UNANIMOUSLY**Stuart-Nechako Regional Hospital District Meeting Minutes – July 19, 2018**Moved by Director Benedict
Seconded by Director Greenaway**SNRHD.2018-8-3**

"That the minutes of the Stuart-Nechako Regional Hospital District meeting of July 19, 2018 be adopted."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

REPORTS

Community Health Records
and Health Link North Capital
Request – Bylaw 69

Moved by Director Parker
Seconded by Director Miller

SNRHD.2018-8-4

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's July 31, 2018 memo titled "Community Health Records and Health Link North Capital Request – Bylaw 69;" and further, that Bylaw 69 be given three readings and adoption further in the agenda."

(All/Directors/Majority) CARRIED UNANIMOUSLY

Remuneration Bylaw
Update

Moved by Director Miller
Seconded by Director Lindstrom

SNRHD.2018-8-5

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's August 2, 2018 memo titled "Remuneration Bylaw Update"; and, further that Bylaw 70 be given three readings and adoption further in the agenda."

(All/Directors/Majority) CARRIED UNANIMOUSLY

June 30, 2018 Financial
Update

Moved by Director Benedict
Seconded by Director Parker

SNRHD.2018-8-6

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's August 2, 2018 memo titled "June 30, 2018 Financial Update"; and that the SNRHD Financial Statements for the six months ending June 30, 2018 be received."

(All/Directors/Majority) CARRIED UNANIMOUSLY

CORRESPONDENCE

Nechako Valley Community
Services Society-Letter of
Support-Senior Housing Project

Moved by Director Miller
Seconded by Director Parker

SNRHD.2018-8-7

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the correspondence re: Nechako Valley Community Services Society – Letter of Support – Senior Housing Project."

(All/Directors/Majority) CARRIED UNANIMOUSLY

Correspondence

Moved by Director Greenaway
Seconded by Director Beach

SNRHD.2018-8-8

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the following correspondence:

- Northern Health – NCLGA Meeting Fort Nelson – May 8 & 9, 2018;
- Northern Health - Terrace Community Bulletin 3 – July 16, 2018."

(All/Directors/Majority) CARRIED UNANIMOUSLY

VERBAL REPORTS

**Northern Health Meeting
at UBCM**

Chair Petersen spoke of the SNRHD Meeting scheduled with Northern Health at the Union of B.C. Municipalities Convention September 13, 2018 in Whistler, B.C. The issues being discussed are: Fort St. James Primary Care Facility (hospital replacement), mental health issues and Stuart Nechako Manor Upgrades.

**Receipt of Verbal
Reports**

Moved by Director Beach
Seconded by Director Parker

SNRHD-2018-8-9

"That the verbal reports of the various Stuart-Nechako Regional Hospital District Board of Directors be received."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

BYLAWS

Bylaws for First, Second, Third Reading & Adoption

**No. 69-SNRHD Capital
Expenditure Bylaw**

Moved by Director Benedict
Seconded by Director Beach

SNRHD-2018-8-10

"That "Stuart-Nechako Regional Hospital District Capital Expenditure Bylaw No. 69, 2018" be given first, second, third reading, and adoption this 6th day of September, 2018."

(All/Directors/Two-Thirds)

CARRIED UNANIMOUSLY

**No. 70-SNRHD Directors
Remuneration**

Moved by Director Miller
Seconded by Director Greenaway

SNRHD-2018-8-11

"That "Stuart-Nechako Regional Hospital District Remuneration Bylaw No. 70, 2018" be given first, second, third reading, and adoption this 6th day of September, 2018."

(All/Weighted/Majority)

CARRIED UNANIMOUSLY

SUPPLEMENTARY AGENDA

CORRESPONDENCE

**Northern Health – A Public
Approach to Non-Medical
Cannabis**

Moved by Director Beach
Seconded by Director Greenaway

SNRHD.2018-8-12

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the correspondence from Northern Health Re: A Public Approach to Non-Medical Cannabis."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

ADJOURNMENT

Moved by Director Beach
Seconded by Director Parker

SNRHD.2018-8-13

"That the meeting be adjourned at 10:17 a.m."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

Jerry Petersen, Chairperson

Wendy Wainwright, Executive Assistant

6

Stuart-Nechako Regional Hospital District

Memo

Board Agenda – November 15, 2018

To: Chair and the Board of Directors
From: John Illes, Treasurer
Date: October 30, 2018
Regarding: Initial Draft 2019 Budget for Discussion

Attached are two versions of the 2019 to 2023 draft budget for discussion. The differences between the two versions begin with 2020 and continue onwards.

Both versions include our two major capital projects that have begun this year and will continue into 2019. These two projects are the Pines Cafeteria Expansion project in Burns Lake and the Ft. St. James Primary Care leasehold improvement project.

Both versions also include \$3.5 million in business planning expenses for the replacement of the Ft. St. James Hospital. The hospital is hoped to begin construction in late 2020 through to early 2021. For the purpose of this budget the initial cost estimate is \$100 million.

The provincial government agreed that the Stuart Nechako Hospital District would supply 20% of the capital cost for the new Burns Lake Hospital. The first version of this budget hopes that this cost sharing formula will continue with the Ft. St. James hospital. The second version of the budget assumes that the cost sharing formula will have the Hospital District contribute 40% of the capital cost. The standard provincial cost sharing formula is 40% for Regional Hospital Districts. It is very rare for the province to move from this formula.

There are three main impacts of the move from 20% to 40% cost sharing formula for the Hospital District:

- The Tax Rate will increase from approximately \$1.30 to \$2.00 per \$1000 of assessment. For illustration purposes, a \$250,000 home in the District will have a tax increase from \$325 per household to \$500 per household
- The reserve balance at the end of 2023 will be approximately \$2 million lower in the 40% scenario; and
- The debt balance will be \$21 million (in 2021 for the 40% scenario) versus \$5 million (in the 20% scenario).

The Directors may wish to discuss the implications to Stuart Nechako Regional Hospital District of the cost sharing formula with the Provincial Government.

The Hospital District is currently pursuing an aggressive reserve policy. Northern Health planning department figures suggest that a replacement for the Vanderhoof Hospital and the Fraser Lake Health Care Centre should be expected within the next ten to fifteen years. A strong reserve balance will allow the Hospital District to contribute to these projects without borrowing. This will in turn save the Hospital District's tax payers an increase in taxation by avoiding interest and borrowing charges and in turn potentially lowering taxation by allowing the Hospital District to utilize the interest payments from its investments.

The assumptions in the budget are that the term of the loans will be 10 years, the loans will have a 1% administration fee, and the interest rate will be 4% per annum. An amortization period of ten years was selected to ensure that the loan was completely repaid before either the hospital in Vanderhoof or the Health Centre in Fraser Lake needed replacement.

I would be pleased to answer any questions.

Recommendation:

(all/directors/majority)

That the memorandum from the Treasurer, dated October 30, 2018 regarding "Initial Draft 2019 Budget for Discussion," and that

Optionally

"The Stuart Nechako Regional Hospital District meet with the Provincial Government to discuss the implications of the standard cost sharing formula for capital projects."

Stuart Nechako Regional Hospital District
2019 Provisional Budget - DRAFT

20% HOSPITAL CONTRIBUTION AGREEMENT

| | 2018 Actual Estimated | 2019 Provisional Budget | 2020 Provisional Budget | 2021 Provisional Budget | 2022 Provisional Budget | 2023 Provisional Budget |
|-----------------------------|-----------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| TAX RATE \$0.00/\$1000 | \$ 0.6473 | \$ 1.2452 | \$ 1.2900 | \$ 1.3172 | \$ 1.3276 | \$ 1.3276 |
| TAX RATE TARGET | | \$ 1.2500 | \$ 1.3000 | \$ 1.3000 | \$ 1.3000 | \$ 1.3000 |
| Surplus Carryforward | \$ 1,018,147 | \$ 139,260 | \$ - | | | |
| Interest Income | \$ 53,263 | \$ 98,883 | \$ 101,849 | 64,405 | 57,337 | 59,057 |
| Grant In Lieu of Taxes | \$ 4,376 | \$ 6,000 | \$ 6,000 | 6,000 | 6,000 | 6,002 |
| Taxation | \$ 2,148,006 | \$ 4,132,140 | \$ 4,281,000 | 4,371,310 | 4,405,619 | 4,405,617 |
| Withdrawal from Reserves | | \$ 300,000 | | 1,600,000 | 300,000 | |
| Proceeds from Debentures | \$ - | \$ - | | 5,000,000 | | |
| Total | \$ 3,223,792 | \$ 4,676,283 | \$ 4,388,849 | \$ 11,041,715 | \$ 4,768,956 | \$ 4,470,676 |
| Business Planning | | \$ 3,500,000 | | | | |
| Major Capital Project >\$5M | \$ - | | 3,300,000 | 10,000,000 | 3,300,000 | |
| Major Capital Project <\$5M | \$ 984,000 | \$ 550,000 | | | | |
| Major Equipment | \$ 224,800 | \$ 62,400 | 250,000 | 250,000 | 250,000 | 250,000 |
| Minor Equipment Grants | \$ 201,000 | \$ 205,000 | 208,000 | 211,000 | 214,000 | 214,000 |
| IT Projects | \$ 255,490 | \$ 235,000 | 254,000 | 180,000 | 300,000 | 300,000 |
| Contribution to Reserves | \$ 1,351,926 | | 250,000 | - | - | 3,000,000 |
| Administration | \$ 16,154 | \$ 25,000 | 25,000 | 25,000 | 25,000 | 25,000 |
| Repayment of Debt | | | - | 311,310 | 622,619 | 622,619 |
| Interest Due Reserves | \$ 51,162 | \$ 98,883 | 101,849 | 64,405 | 57,337 | 59,057 |
| | \$ 3,084,532 | \$ 4,676,283 | \$ 4,388,849 | \$ 11,041,715 | \$ 4,768,956 | \$ 4,470,676 |
| NET | \$ 139,260 | \$ - | | | | |
| RESERVES | | | | | | |
| Opening | \$ 2,193,009 | \$ 3,296,097 | \$ 3,394,980 | \$ 2,146,829 | \$ 1,911,234 | \$ 1,968,571 |
| Contribution | \$ 1,351,926 | \$ - | \$ 250,000 | \$ - | \$ - | \$ 3,000,000 |
| Interest | \$ 51,162 | \$ 98,883 | \$ 101,849 | \$ 64,405 | \$ 57,337 | \$ 59,057 |
| Closing | \$ 3,596,097 | \$ 3,394,980 | \$ 3,746,829 | \$ 2,211,234 | \$ 1,968,571 | \$ 5,027,628 |

Stuart Nechako Regional Hospital District
2019 Provisional Budget - DRAFT

40% HOSPITAL CONTRIBUTION AGREEMENT

| | 2018 Actual Estimated | 2019 Provisional Budget | 2020 Provisional Budget | 2021 Provisional Budget | 2022 Provisional Budget | 2023 Provisional Budget |
|-----------------------------|-----------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| TAX RATE \$0.00/\$1000 | \$ 0.6473 | \$ 1.2452 | \$ 1.4934 | \$ 1.9640 | \$ 2.0108 | \$ 1.9280 |
| TAX RATE TARGET | | \$ 1.2500 | \$ 1.5000 | \$ 2.0000 | \$ 2.0000 | \$ 2.0000 |
| Surplus Carryforward | \$ 1,018,147 | \$ 139,260 | \$ - | | | |
| Interest Income | \$ 53,263 | \$ 98,883 | \$ 64,349 | 66,280 | 2,268 | 2,336 |
| Grant In Lieu of Taxes | \$ 4,376 | \$ 6,000 | \$ 6,000 | 6,000 | 6,000 | 6,002 |
| Taxation | \$ 2,148,006 | \$ 4,132,140 | \$ 4,956,000 | 6,517,500 | 6,673,001 | 6,397,999 |
| Withdrawal from Reserves | | \$ 300,000 | \$ 1,250,000 | | 2,200,000 | |
| Proceeds from Debentures | \$ - | \$ - | | 21,000,000 | | |
| Total | \$ 3,223,792 | \$ 4,676,283 | \$ 6,276,349 | \$ 27,589,780 | \$ 8,881,269 | \$ 6,406,337 |
| Business Planning | | \$ 3,500,000 | | | | |
| Major Capital Project >\$5M | \$ - | | 5,475,000 | 25,550,000 | 5,475,000 | |
| Major Capital Project <\$5M | \$ 984,000 | \$ 550,000 | | | | |
| Major Equipment | \$ 224,800 | \$ 62,400 | 250,000 | 250,000 | 250,000 | 250,000 |
| Minor Equipment Grants | \$ 201,000 | \$ 205,000 | 208,000 | 211,000 | 214,000 | 214,000 |
| IT Projects | \$ 255,490 | \$ 235,000 | 254,000 | 180,000 | 300,000 | 300,000 |
| Contribution to Reserves | \$ 1,351,926 | \$ - | - | - | - | 3,000,000 |
| Administration | \$ 16,154 | \$ 25,000 | 25,000 | 25,000 | 25,000 | 25,000 |
| Repayment of Debt | | | - | 1,307,500 | 2,615,001 | 2,615,001 |
| Interest Due Reserves | \$ 51,162 | \$ 98,883 | 64,349 | 66,280 | 2,268 | 2,336 |
| | \$ 3,084,532 | \$ 4,676,283 | \$ 6,276,349 | \$ 27,589,780 | \$ 8,881,269 | \$ 6,406,337 |
| NET | \$ 139,260 | \$ - | | | | |
| RESERVES | | | | | | |
| Opening | \$ 2,193,009 | \$ 3,296,097 | \$ 2,144,980 | \$ 2,209,329 | \$ 75,609 | \$ 77,877 |
| Contribution | \$ 1,351,926 | \$ - | \$ - | \$ - | \$ - | \$ 3,000,000 |
| Interest | \$ 51,162 | \$ 98,883 | \$ 64,349 | \$ 66,280 | \$ 2,268 | \$ 2,336 |
| Closing | \$ 3,596,097 | \$ 3,394,980 | \$ 2,209,329 | \$ 2,275,609 | \$ 77,877 | \$ 3,080,214 |

9

Stuart-Nechako

Regional Hospital District

Memo

Board Agenda – November 15, 2018

To: Chair and the Board of Directors
From: John Illes, Treasurer
Date: October 30, 2018
Regarding: Burns Lake Hospital Capital Replacement Reserve

The Burns Lake Hospital Replacement Reserve was created from public donations received by the Regional District. A total of \$1685 remain in this account.

Speaking with some of the main fundraising champions for this fund, including past Director Magee, indications are that the best use of this fund would be to utilize it for other Burns Lake major projects. The Pines Cafeteria Expansion was thought to be suitable.

This memo proposes that the Burns Lake Hospital Replacement Reserve fund be utilized for the Pines Cafeteria Expansion project and then this reserve fund will be closed.

I would be pleased to answer any questions.

Recommendation: (all/directors/majority)

That the memorandum from the Treasurer, dated October 30, 2018 regarding "Burns Lake Hospital Capital Replacement Reserve" and that

"The Stuart Nechako Regional Hospital District utilize the remaining funds in the Burns Lake Hospital Replacement Reserve for the Pines Cafeteria Expansion Project."

Stuart-Nechako Regional Hospital District

Memo

Board Agenda – November 15, 2018

To: Chair and the Board of Directors
From: John Illes, Treasurer
Date: October 30, 2018
Regarding: September 30, 2018 Financial Update

Attached are the nine-month financial statements for the Hospital District. Nearly all the activity for the year has now been completed. The only changes that we expect for the last quarter is the accrual of interest on the hospital districts reserves.

I would be pleased to answer any questions.

Recommendation: (all/directors/majority)

That the memorandum from the Treasurer, dated October 30, 2018 regarding "September 30, 2018 Financial Update"; and

That the Stuart Nechako Regional Hospital District's Financial Statements for the six months ending September 30, 2018 be received."

Stuart-Nechako Regional Hospital District
Statement of Financial Activities
For the Nine Months Ending September 30, 2018

| | End of June 2018 | End of Sept 2018 |
|---|------------------|---------------------|
| REVENUE | | |
| Property Tax Requisition | \$ - | 2,148,006 |
| Interest | \$ 25,162 | 45,226 |
| Grant in Lieu of taxes | \$ 558 | 4,376 |
| | <u>\$ 25,719</u> | <u>\$ 2,197,608</u> |
| EXPENDITURES | | |
| Grants for capital expenditures* | \$ - | 1,665,290 |
| Administration and audit | \$ 10,262 | 16,194 |
| | <u>\$ 10,262</u> | <u>\$ 1,681,484</u> |
| Period Surplus (defecit) | \$ 15,457 | \$ 516,124 |
| Financial Position at Beginning of the Year | \$ 3,234,837 | \$ 3,234,837 |
| Financial Position at End of Period | \$ 3,250,294 | \$ 3,750,961 |

**Stuart-Nechako Regional Hospital District
Statement of Financial Position
For the Nine Months Ending Sept 30, 2018**

| | End of June | End of September |
|--------------------------------|---------------------|---------------------|
| FINANCIAL ASSETS | | |
| Cash | \$ 11,210 | \$ 474,570 |
| Temporary Investments | \$ 3,274,459 | \$ 3,293,744 |
| Accounts Receivable | \$ 2,052 | |
| | <u>\$ 3,287,721</u> | <u>\$ 3,768,314</u> |
| | | |
| LIABILITIES | | |
| Accounts Payable | <u>\$ 37,427</u> | <u>\$ 17,354</u> |
| | | |
| NET FINANCIAL POSITIONS | <u>\$ 3,250,294</u> | <u>\$ 3,750,960</u> |

14



Northern Health CEO Office
#600-299 Victoria Street,
Prince George, BC V2L 5B8
Telephone: (250) 565-2922
www.northernhealth.ca

October 18, 2018

Chair Jerry Peterson
Stuart Nechako Regional Hospital District
Box 820, 37-3rd Avenue
Burns Lake, BC
V0J 1E0

Dear Chair Peterson:

Re: UBCM Meeting September 13, 2018

Thank you for the opportunity to meet with you during the UBCM convention in Whistler. We appreciate the time you take to meet with us.

At our meeting, we had opportunity to discuss several issues of importance to Northern Health and the Stuart Nechako Regional Hospital District. These topics included:

1. Once again, thank you for meeting with us about these issues Stuart Lake Hospital Replacement – Since our meeting in Whistler, we were very pleased to participate in the Minister of Health's visit to the community of Fort St James to announce the approval of the concept plan. Northern Health will now be undertaking the development of the Business Plan required by the Ministry of Health.
2. Stuart Nechako Manor upgrades – We discussed the work underway to address the roof issues at Stuart Nechako Manor in Vanderhoof. We have engaged the services of Robert Lepp, Busque Engineering Ltd, building envelope specialists as well as Mons Aase, Aase Roof Inspection Ltd to assess the roof situation and provide recommendations. All of the recommendations are either being implemented or have been completed.

Once again, thank you for meeting with us about these issues of importance to Northern Health and to your communities.

Sincerely,

Cathy Ulrich
President and Chief Executive Officer
Northern Health

cc. Colleen Nyce, Chair, Northern Health Board
Penny Anguish, Chief Operating Officer, North Interior
April Hughes, Health Services Administrator, Omineca
Michael Hoefler, Regional Director, Capital Planning and Support Services

MEDIA BULLETIN

August 16, 2018

Stuart Lake Hospital – advance patient transfers

Out of an abundance of caution, Northern Health is proactively moving patients from Stuart Lake Hospital in Fort St. James, as part of advance planning related to wildfire activity.

Stuart Lake Hospital remains open. The hospital/emergency department remains open for urgent care needs and will continue to be, unless the status of alerts or orders significantly changes. Lab and medical imaging services also continue.

Advance transfer of patients is only being done proactively, as the community of Fort St. James is currently on Evacuation Alert. Transferring patients with more complex needs in advance, will help simplify the response to any potential change in status of the alert.

Stuart Lake Hospital in-patients, long-term care and community services clients are transferring to facilities and services in Vanderhoof. Family members of transferred individuals can call 250-567-2013 and follow the prompts, if they require additional information.

For the latest details on wildfire evacuation alerts and orders in the Fort St. James area, please refer to the [Bulkley Nechako Regional District website](#). Information on wildfires and your health is available at [northernhealth.ca > Health Topics > Wildfire information](#).

Media Contact: NH media line – 877-961-7724

NEWS RELEASE

For Immediate Release
September 10, 2018

Heart Health! Northern Health set to begin community consultation across the region

Northern Health is embarking on a new series of consultations with residents in communities across the region this fall to gather input on 'Heart Health'. This continues the Northern Health Board's commitment to broaden our understanding on topics that matter to northern residents. This consultation will focus on the spectrum of heart health from prevention to services, treatment and hospital care.

"Taking steps to keep your heart healthy can have a huge impact on a person's quality of life," said Adrian Dix, Minister of Health. "Northern Health's consultations give residents an opportunity to affect how their communities learn about heart health and to offer their perspectives on the health issues that that matter to them."

The goals of the consultation are:

- To provide residents of Northern BC with information on heart health and the services across the continuum of care – from prevention through treatment;
- To engage residents of Northern BC in discussions about heart health and to learn about their priorities, what works well, where there are barriers, and opportunities for improvement;
- To listen, record and report back on the health concerns, hopes, and ideas of participants.

The series of meetings, "Heart Health in Northern BC," begins September 17, and will run through mid-November.

"Our board continues to be committed to hearing from residents," said Colleen Nyce, Northern Health Board Chair. "Heart health affects all of us, and we want to know what works, might work, or we can do better."

This is the eighth Northern Health consultation carried out since 2004. The information gathered will also inform the Northern Health Board and senior staff for planning and decision-making purposes.

There is no cost to attend a consultation session, and refreshments will be provided. An online survey process, Thought exchange, will be made available to every resident of Northern BC, including NH staff, thereby providing a way for those who cannot attend a public meeting or focus group to participate in the consultation process.

The schedule of fall 2018 public consultation sessions is as follows; updated locations will be shared as they are confirmed.

| DATE | COMMUNITY | LOCATION | TIME |
|----------|----------------------------|--|---------------|
| Sept. 17 | Fort Nelson | Northern Rockies Recreation Centre 5500 Alaska Highway | 7:00pm-9:00pm |
| Sept. 18 | Fort St. John | North Peace Cultural Centre 10015-100 Avenue Conference Room | 7:00pm-9:00pm |
| Sept. 19 | Dawson Creek | Stonebridge – Fixx Urban Grill 500 Hwy 2 | 7:00pm-9:00pm |
| Sept. 20 | Chetwynd | Pine Valley Senior's Rec Centre 5312-47 Avenue | 7:00pm-9:00pm |
| Sept. 24 | Kitimat | Multipurpose Room – KGH 920 Lahakas Blvd S | 7:00pm-9:00pm |
| Sept. 25 | Terrace | Best Western Terrace Inn – Skeena Room | 7:00pm-9:00pm |
| Sept. 26 | Hazelton | Mountainview Church – Basement 2510 Hwy 62 | 7:00pm-9:00pm |
| Sept. 27 | Smithers | Healthy Living Centre 1070 Main Street | 7:00pm-9:00pm |
| Oct. 9 | Vanderhoof | Community Integris/YMCA 186 Columbia St | 7:00pm-9:00pm |
| Oct. 10 | Burns Lake | Burns Lake & District Chamber of Commerce – Heritage Room 540 Hwy 16 W | 7:00pm-9:00pm |
| Oct. 11 | Fort St. James | Community Centre (upstairs) 190 Stuart Dr. E | 7:00pm-9:00pm |
| Oct. 15 | Village of Queen Charlotte | Eric Ross Room in QC Community Hall | 7:00pm-9:00pm |
| Oct. 16 | Masset | TBD | 7:00pm-9:00pm |
| Oct. 17 | Prince Rupert | Jim Ciccone Civic Centre | 7:00pm-9:00pm |
| Oct. 29 | Valemount | Best Western Valemount Inn- Eagles View Banquet Room 1950 Hwy 5 S | 7:00pm-9:00pm |
| Nov. 1 | Quesnel | TBD | 7:00pm-9:00pm |
| Nov. 13 | Prince George | TBD | 7:00pm-9:00pm |

Media Contact: NH media line – 1-877-961-7724

NEWS RELEASE

For Immediate Release
October 18, 2018

Wildfires, heart health and hospital projects: NH board meeting highlights

The Northern Health Board of Directors examined significant differences between the 2017 and 2018 wildfire season impacts on Northern Health services at its latest meeting in Prince George.

A preliminary review of the 2018 wildfire season found that lessons learned in 2017, as Northern Health supported Interior Health by accepting evacuated patients, helped our health authority navigate the direct impacts of this summer's wildfire activity services within the region.

"The Board sincerely thanks staff and physicians who provided health services over a challenging summer, particularly to those displaced from communities impacted by wildfire activity," said Northern Health Board Chair Colleen Nyce. "A focus on advanced planning and the response process were very helpful in this year's response."

The Board also heard an update on NH Community Consultations taking place across the region through mid-November. Public meetings, focus groups and stakeholder and provider discussions on heart health have already been held in 11 communities; this week's sessions are taking place on Haida Gwaii. Northern B.C. residents who are unable to attend a physical meeting are encouraged to provide their input On Heart Health [online](#).

Other highlights from the February 2018 regular meeting of the Northern Health board included a review of significant capital projects that are underway or moving through planning stages across the region:

- Northern Haida Gwaii Hospital in Masset is entering a unique partnership with Northwest Clean Heat and BC Hydro to develop a biomass heating system that could significantly reduce the hospital's heating costs, and carbon footprint
- A project to add medical inpatient beds on the second floor of the University Hospital of Northern BC is underway and on track for completion in March 2019

- UHNBC is also undergoing \$1 Million in hot water system upgrades, to be complete in early 2019
- Replacement of Stuart Lake Hospital is proceeding to business planning, following the announcement of concept plan approval earlier this month
- Business planning for the redevelopment and expansion of Dawson Creek & District Hospital is also underway, after July's provincial government approval of the concept plan

The next Northern Health board meeting will be held December 3, 2018, in Prince George.

Media Contact: NH media line – 1-877-961-7724

20



RECEIVED
OCT 26 2018
REGIONAL DISTRICT OF
BULKLEY NECHAKO

NEWS RELEASE

For Immediate Release

October 26, 2018

Not All Meds Get Along - Canadian Patient Safety Week 2018

Northern Health is proud to partner with organizations across the country to celebrate and raise awareness around patient safety during the last week of October. Canadian Patient Safety Week 2018 runs from October 29 to November 2.

Canadian Patient Safety Week is a national campaign that works to raise awareness of patient safety. This year's theme is "Not All Meds Get Along," which prompts patients and health-care professionals to consider medication reviews (a discussion/assessment of a patient's complete set of medications) for anyone on five or more medications who may be at risk. Medication errors can result in severe harm, disability, and even death.

Everyone has a role to play in medication safety. "Not All Meds Get Along" encourages patients and health-care professionals to start a conversation using the [5 Questions to Ask About Your Medications](#) when talking about medication safety issues. Patients should keep medication records up to date. Remember to include drug allergies, vitamins and minerals, herbal/natural products, and all medications including non-prescription products. Ask your doctor, nurse, or pharmacist to review all your medications to see if any can be safely stopped or reduced.

Take the Medication Safety quiz to test your knowledge at www.asklistentalk.ca.

Find out more about medication safety and Canadian Patient Safety Week at www.asklistentalk.ca

We look forward to celebrating Canadian Patient Safety Week with all our staff and patients.

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