## **Grab-and-Go Bags**

## Grab-and-Go bags are smaller versions of the Home Emergency Kit.

You won't need everything from your Home Emergency Kit, but your bag should contain:

Copy of Emergency Plan and map with marked Muster Points

re phone

Spare phone charger and battery bank

Cash in small bills

Spare clothing



72 hours' worth of ready to eat food and water

A notepad and pen

A whistle

Small First Aid Kit Store a Grab-and-Go bag in your vehicle as well. This bag can contain:

> Booster cables, fire extinguisher, shovel, blankets, reflective triangles.



Kids need Grab-and-Go bags as well. Be sure to add a comfort item for them.

Speak openly with them about emergencies to help them better cope with the situation.

