Grab-and-Go Bags

Grab-and-Go bags are smaller versions of the Home Emergency Kit.

You won't need everything from your Home Emergency Kit, but your bag should contain:

Copy of
Emergency Plan
and map with
marked Muster
Points



Spare phone charger and battery bank



72 hours' worth of ready to eat food and water



A notepad and pen

Cash in small bills



A whistle

Spare clothing



Small First Aid Kit Store a Grab-and-Go bag in your vehicle as well. This bag can contain:

Booster cables, fire extinguisher, shovel, blankets, reflective triangles.



Kids need Grab-and-Go bags as well. Be sure to add a comfort item for them.

Speak openly with them about emergencies to help them better cope with the situation.

