

Do You Have an Emergency Kit?



Emergencies happen. Your best strategy in dealing with a disaster is to be as prepared as possible beforehand. You should be able to take care of yourself and your family for up to a week. Ideally, your kit should be stored in a waterproof container. Remember, you may have to shelter in place without electricity, water or may have to evacuate your home for a period of time.

Toiletries

- Cleaning supplies (hand sanitizer, etc)
- First Aid kit
- Toilet paper
- Feminine hygiene products

Specialized Items

- Infant needs (diapers, formula, bottles, etc.)
- Prescriptions medications
- Extra pair of prescription glasses or contacts
- Pet needs

Personal Documents and Items

- A list of your emergency contacts
- An extra set of house keys and car keys
- Cash in smaller bills
- Copies of important documents (house insurance, car insurance)

Food and Water

- Four litres of water per person, per day
- Food that doesn't require cooking and won't spoil (replace food/water every year)

Sanitary Supplies

- Disinfectant wipes
- Disposable gloves
- Masks

Equipment

- Flashlight and charged batteries
- Wind-up or battery powered radio
- Candles, lighter and matches
- Duct tape and pocket knife
- Whistles and flares



For up-to-date emergency information, visit:

www.rdbn.bc.ca

or

 [BulkleyNechakoEmergencyInfo](https://www.facebook.com/BulkleyNechakoEmergencyInfo)

